



The Paddock

ENTREES

Soup of the Day €4.95

Please ask your Server (cl, d, e, g)

Caprese Bruschetta €6.95

Buffalo Mozzarella Cheese Served with Fresh Tomato, Garlic Ciabatta, House Salad, Basil Pesto (d, g, m, n, e)

Caesar

Fresh Gem Salad Greens, Shaved Parmesan, Crisp Croutons, Lardons, Smoked Chicken with Anchovy-Caesar Dressing (f, d, g, e, m)

Starter: €7.50 Main Course: €12.00

Avocado Ritz €7.50

Coldwater Prawn and Crab Martini, Marie Rose, Avocado Pear, Baby Gem Salad (f, c, m, d, g, sp, e)

Chicken Liver Parfait €6.50

Stone Fruit Chutney, House Dressed Leaves, Ciabatta Toast Crisp (sp, g, d, m)

Sticky BAR-B-QUE Chicken Wings €7.95

Guinness BBQ Sauce, Sesame, Carrot and Celery Matchsticks (ml, g, d, sp)

BURGERS & GRILL

Please note, all meats cooked well done will increase waiting time

Springhill Burger €14.50

8oz Beef Burger, Bacon, Ballymaloe Relish (d, g, e)

Creole Chicken Fillet Burger €13.50

Grilled Fillet of Chicken Breast, Soft Fried Egg, Bacon, Marie Rose (g, d, e)

All burgers served on toasted brioche with crisp lettuce, tomato, fries & onion rings

Sirloin Steak €21.95

Aged 8oz Prime Cut Sirloin, Marinated in Olive Oil & Rosemary

- Garlic Butter (d) or Peppercorn Cream Sauce (d,sp)

Bookmakers Sandwich €14.95

Served in Sourdough, Baby Gem Lettuce, Flat cap Mushroom, Onion Rings, Ballymaloe Relish (d, g, e)

Lamb Cutlets €17.95

4 Lamb Cutlets Grilled to Perfection, Whipped Chive Creamed Potato, Market Vegetable, Rich Red Wine Shallot Gravy (sp, m)

BAR-B-QUE Bacon Ribs & Chips €16.95

Bacon Spare Ribs Grilled with Our Own Basting Sauce

MAIN MEALS

Chicken Stack €14.50

Breast of Chicken, Sundried Tomato, Basil Pesto

Thai Curry €14.50

Lemongrass, Garlic, Coconut Cream, Vegetables & Steamed Rice (ml)

Choice of Chicken or Prawns

Vegetarian Option €11.50

Oriental Beef Stir Fry €14.50

Wok Fried Vegetables, Egg Noodles (d, e, g)

Vegetarian Option €11.50

Paddock Fish & Chips €14.95

Beer Battered Codling, Fries. Mushy Peas & Tartare Sauce (f,m,e,g,d,sp)

Mediterranean Vegetables Arrabiata €12.95

Tubes of Pasta, Spiced Vine Tomato Sauce, Parmesan Cheese, Garlic Ciabatta (d, e, n, g)

Pizza Margherita €10.50

Baked Pizza Base with Tomato Sauce & Mozzarella Cheese (d, g, e)

Choose your Toppings €1.00 each:

Jalapeno Peppers, Black Olives, Red Onion, Bell Peppers, Ham, Pepperoni, Chicken

SANDWICH BAR

Toasted Special €7.95

Baked Ham, Cheddar Cheese, Red Onion & Tomato (d, g, e, m)

'The Smokey' Wrap €8.95

Toasted Flor Wrap, Cos Lettuce, Smoked Chicken, Bacon Lardons, Parmesan Cheese, Caesar Dressing (f, d, g, m, e)

BLT Ciabatta €7.95

Crispy Bacon, Baby Gem Lettuce, Tomato (d, g, m, e)

Pitta Pockets €9.50

Mixed Salad, Tzatziki Dressing, Choice of Warm Filling, Spiced Beef or Curried Chicken (m, d, e, g)

All above served with Salad & Fries

Open Sandwich & Soup Combo €9.50

Served on Brown Soda Bread, Baby Gem Lettuce, Tomato, Red Onion, Tarragon Mayonnaise (g, d, m, e)

- Oak Smoked Salmon (f)
- Roast Chicken
- Coldwater Prawn & Crab Meat, Marie Rose Sauce (ml)



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SOMETHING SWEET

Knickerbocker Glory	€5.50
Cheesecake of the day	€5.50
Berry & Apple Crumble	€5.50
Chocolate Brownie	€5.50
Banana Split	€5.50

SIDE DISHES

Fries	€3.00
Onion Rings (g)	€3.00
Side Salad	€3.00
Market Vegetables	€3.00
Sauté Mushrooms	€3.00

TEA & COFFEE SELECTION

Tea	€2.20
Selection of Herbal & Fruit Teas	€2.50
Regular Americano	€2.50
Large Americano	€3.00
Cappuccino (d)	€3.00
Large Cappuccino (d)	€3.75
Café Latte (d)	€3.00
Hot Chocolate	€3.00
Babycino	€2.00

LIQUOR COFFEES

Irish Coffee Jameson	€6.50
Baileys Coffee Baileys	€6.50
Calypso Coffee Tia Maria	€6.50
Jamaican Coffee Dark Rum	€6.50
French Coffee Brandy	€6.50
Italian Coffee Amaretto	€6.50
Hot Whiskey (sp)	€5.00

All liquor coffee on the list contains: Sulphites
(d) - Dairy

OUR SUPPLIERS

Beef – Dawn Meats
Fish – Atlantis Seafood
Dairy – SC O’Loughlin
Vegetables – Deegans Fruit & Veg
Coffee – Lavazza

ALERGENS

Foods Containing:

D - Dairy	G - Gluten	S - Sesame Seeds
Ml - Molluscs	E - Eggs	P - Peanuts
S - Soya	Cl - Celery	M - Mustard
C - Crustacean	F - Fish	N - Nuts
SP - Sulphites		

WINE BY THE GLASS

White Wine

Marques De Plata – Sauvignon Blanc (Spain)	€5.50
Valdemoro – Sauvignon Blanc (Chile)	€6.50
Torreón De Paredes – Chardonnay (Chile)	€7.00
Terra Forte – Pinot Grigio (Italy)	€7.00

Red Wine

Marques De Plata – Tempranillo (Spain)	€5.50
Valdemoro – Merlot (Spain)	€6.50
Muriel – Rioja (Spain)	€7.00
El Esteco – Malbec (Argentina)	€7.00